

2019 Eagle Wrestling Camp

When: June 10th—June 13th
Where: CHS Wrestling Room and Gym
Time: 9AM–12PM
Cost: \$60 (Price includes T-shirt)
Age Range: Rising 1st graders and above
Payment: Bring or mail registration/payment to school or pay at door.
Checks payable to Chesnee High School (for wrestling camp)
Coach Rentz Cell: 415-1441 School Number: 461-7318
Mailing Address: 795 S. Alabama Avenue
Chesnee, SC 29323

Instructors: CHS coaching staff and Wrestling Team
What to Bring: Wrestling shoes and head gear would be nice but they are not necessary (make sure campers wear socks), snack/ drink and a Great Attitude!

Drop Off/Pick up Drop off/Pick up camper at CHS wrestling room located near the track at first level of new gym.

Daily Schedule: 9:00-10:00 Stretching and Conditioning Games /10:00-10:45 Takedown/Takedown Defense Techniques/Takedown Games
10:45-11:00 break/ 11:00-11:45 Top/Bottom Offense and Defense/ Games 11:45-12:00 Live Wrestling Situation.

We will split the campers up on Thursday and have a duals match in the CHS gym or wrestling room at 11:00. We will serve pizza afterwards. Parents are welcome to come and cheer on your camper. We will hand out camp shirts that day and dismiss after match.

This year we had two wrestlers make it to the State Tournament, three win Region Honors, one wrestler made All-Area and North South one wrestler was selected as a North-South All-Star. In order for us to continue our success as a top 10 program in the state, we need YOU!!

Registration

Name of Camper-

Address-

Emergency Contact 1 and 2-

Shirt Size-

Insurance Provider-